

Alumnae Association of the Brockville General Hospital School of Nursing Newsletter—2023

100 YEAR ALUMNAE ANNIVERSARY



President's Message

This is our first newsletter since 2020 due to Covid restrictions. This year we are celebrating the 100 Anniversary of our Alumnae, formed in 1923 under the leadership of Miss Maude Arnold. The first reunion dinner at the Revere Hotel was held in June 1942 with cost of dinner at \$1.00.

We are planning a big celebration this year to mark the occasion and also we are going to honour all the classes who missed their 50-60 reunion celebrations due to Covid and those celebrating their reunion this year.

This year will probably be our last big reunion event, due to the increasing costs and aging members. The Executive worked hard to keep Alumnae going through the restrictions. We continued to offer scholarships to all the Brockville high schools for a student going into the Baccalaureate Nursing Program. There were 3 students in 2021 and 2 in 2022. Our donations to Palliative Care continued each year in memory of members who pass away each year. Unfortunately, we lost many members during past 3 years.

I would like to thank the following Executive members for all their help and support: Diane Besley (Vice-Pres., Membership, Archives), Joan Sands (Recording Secretary), Shirley Jones (Remembrance), Jean White (Corresponding Secretary), Shirley Powers (Quiet Room), and Sharon Mackie (Past Pres.)

Let's look forward to a great celebration for all our members!

Bless Be The Tie That Binds.

Linda (Todd) Poole, Class of 1971 A

On this special occasion of the 100 year anniversary of the Alumnae Association of the BGH School of Nursing, we would like to express our utmost thanks to all who have volunteered their time and energies to ensure the continued success and longevity of the Alumnae. On behalf of all the graduates of our school of nursing, we relay our gratitude for the countless hours and selfless commitment to those whose contributions enabled the Alumnae to continue its good work for 100 years.

In particular, we would like to extend our deep appreciation for the invaluable contributions from Patricia (Larocque '66) Young, who dedicated many years to the Alumnae in her Membership and Newsletter roles as well as in the yearly Reunion preparations. Sadly, Patricia passed away December 2020 and will be missed by many.



History of the BGH School of Nursing

1893-1974

- The first class graduated in 1893, with Isobelle Thomas as the first graduate
- The school closed in 1974 after 81 years, with a total of 1188 graduates
- Richard Porteous (1971 B) was the first male graduate and Gary Yeo (1974-d. 2012) was the last male graduate. In total, 5 males graduated from the BGH School of Nursing
- Vera J. Preston (1938-d. 2004) became the Director of Nursing in 1949 and served in that capacity until her retirement in 1984.
- Dorothy Barret Maberley (1943) was the first BGH Graduate to receive a Nursing Degree in Teaching
- Prior to its opening in 1929, student nurses lived in a designated area of the hospital. The Comstock Residence opened in 1929 and closed in 2000.



Our graduates have gone forward on many paths—patient care, administration, Public Health, teaching and so many other disciplines, all with the firm foundation of the knowledge and skills gained from their beginnings at the Brockville General Hospital School of Nursing.

ALUMNAE HISTORY

1923-2023

- The Alumnae was formed in 1923 under the leadership of Miss Maude Arnold (1909– d. 1954)
- Annual membership dues were \$2.00. Dances, card parties, bake sales, and donations helped raise money which was used to buy equipment and furnishings for the hospital. Membership fees are now \$10.00 and the Alumnae continues the valuable contributions to support BGH and community.
- The 1942 graduation dinner at the Revere Hotel was \$1.00
- Newsletters to members began about 1973, which includes registration for the annual reunion and information about alumnae activities (social, donations, meetings, memorial of members who have passed)and are now sent by email and by post to those without email

Due to the cancellation of reunion gatherings these past few years ,there will be eleven classes celebrating very special milestone graduation anniversaries:

60th year reunion: Classes 1960, 1961, 1962, 1963 and 1964

50th year reunion: Classes 1970, 1971 A, 1971 B, 1972, 1973 and 1974.

- We cannot forget those who served in WW1, WW2 and the Korean War. One such brave graduate was Nursing Sister Marry Nunn (1896) who went overseas in 1916 and joined the Imperial Service. She was honoured with the Royal Red Cross by King George V at Buckingham Palace.
- All members who served had the rank of 1st Lt, and one had the rank of Captain Nursing Sister. The Alumnae is aware of 35 graduates who have served.
- Each year a wreath is purchased and placed at the Cenotaph on Remembrance Day by the Canadian Legion
- Jessie (Urquhart) Chenevert (1946) served in the Korean War and resides at the Perley Home for Veterans in Ottawa.



100 years of BGH Alumnae Presidents

With thanks to all who gave of their time and dedication to the BGH School of Nursing

1923-1928: Maude Arnold (1909)	1968-1969: Lorraine Christo (1957)	1996-1999: Ruth (Maud) Jones (1950)
1929-1946: Mae (White) McNeil (1915)	1970-1971: Barbara (Edwards) Warren (1955)	2000-2001: Doreen (Ward) Barclay (1962)
1947-1949: Doris (Goodbody) Cooke (1937)	1972-1973, 1978: Bev (Baker) Souder (1959)	2002-2003: Merle (Stanier) Walker (1957)
1950-1952: Helen Corbett (1928)	1974-1975: Margaret Harper (1955)	2004-2005: Shirley (Dunham) Powers (1960)
1953-1955: Mabel(Seymour) Green (1931)	1976-1977: Sharon (Ingram) Watson (1964)	2006-2007: Grace (Livings) Scott (1957)
1956-1957: Evelyn Hurlburt (1936)	1979-1980: Nora (Ormerod) Bell (1941)	2008-2009: Shirley (White) Jones (1957)
1958-1959: Marjorie (Pennock) Derry (1930)	1981-1982: Donalda (Bates) Lockhart (1952)	2010-2011: Gail (Hannah) Easton (1963)
1960-1961: Norma (Smylie) Buell (1947)	1983: Patricia (Larocque) Young (1966)	2012-2015: Diane Frizzell) Besley (1967)
1962-1963: Catherine (Slack) Clow (1957)	1984-1991: Glenna (Hutchinson) Laforty (1954)	2015-2018: Sharon (Irwin) Mackie (1966)
1964-1965: Vera Preston (1938)	1992-1995: Joyce (Beattie) Reynolds (1948)	2018-Present: Linda (Todd) Poole (1971)
1966-1967: Dorothy (Greer) Paul (1955)		



Back Row (L- R): Arlene Kennedy*, Muriel Edwards *, Jean Hare, Patsy Jane Hill*, Carole Brown
 Front Row (L- R): Janette Goff*, Irene Sheil, V. Lindabury* [Assist. Director of Nursing] V.J. Preston* [Director of Nursing], R.G. Murray* [Student Health Services], Eunice Wilson, Shirley Dunham
 Missing: Marilyn Johnson
 *Deceased



Back Row (L- R): Winnifred Ouder Kirk*, Marion York, Corrine Paust, Doris Cledgett*, Carol McCann, Gloria Furness, Shirley Sly
 Front Row (L- R): Willa McFarlane, Mary Leacock, Dawn Stringer*, V.J. Preston* [Director of Nursing], V. Lindabury* [Assistant Director of Nursing Education], Marlene Gilligan*, Gail Blair, Margaret Fisher
 *Deceased



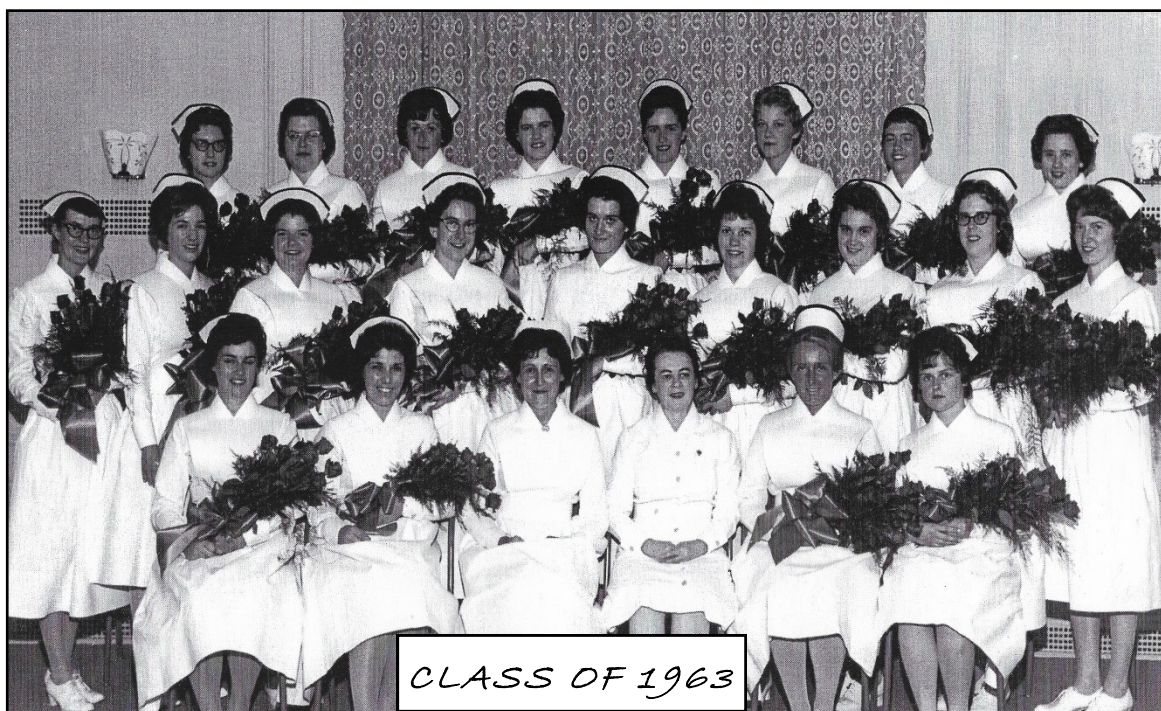
Top Row (L-R): June Arbuthnot, Elaine Barr, Gloria Barrie, Maria Bax, Frances Best, Heather Bruce, Barbara Bycroft

Row 2 (L-R): Alberna Finan, Sheila Flegg*, Helen Fleming, Miss V.J Preston* [Director of Nursing], Miss V. Lindabury* [Director of Nursing Education], Myrna Grant*, Helen Harper, Joyce Hendry

Row 3 (L-R): Elizabeth Hope, Arlaine Jackson, Shirley Kingston, Shirley Lumsden*, Heather MacGillivray, Virginia McDonald*

Bottom Row (L-R): Elizabeth Miller, Ivy Moore, Margaret Shaver*, Joan Taylor*, Irene Thompson, Doreen Ward, Joe Ann Waugh*, Janice Whitehorn

*Deceased

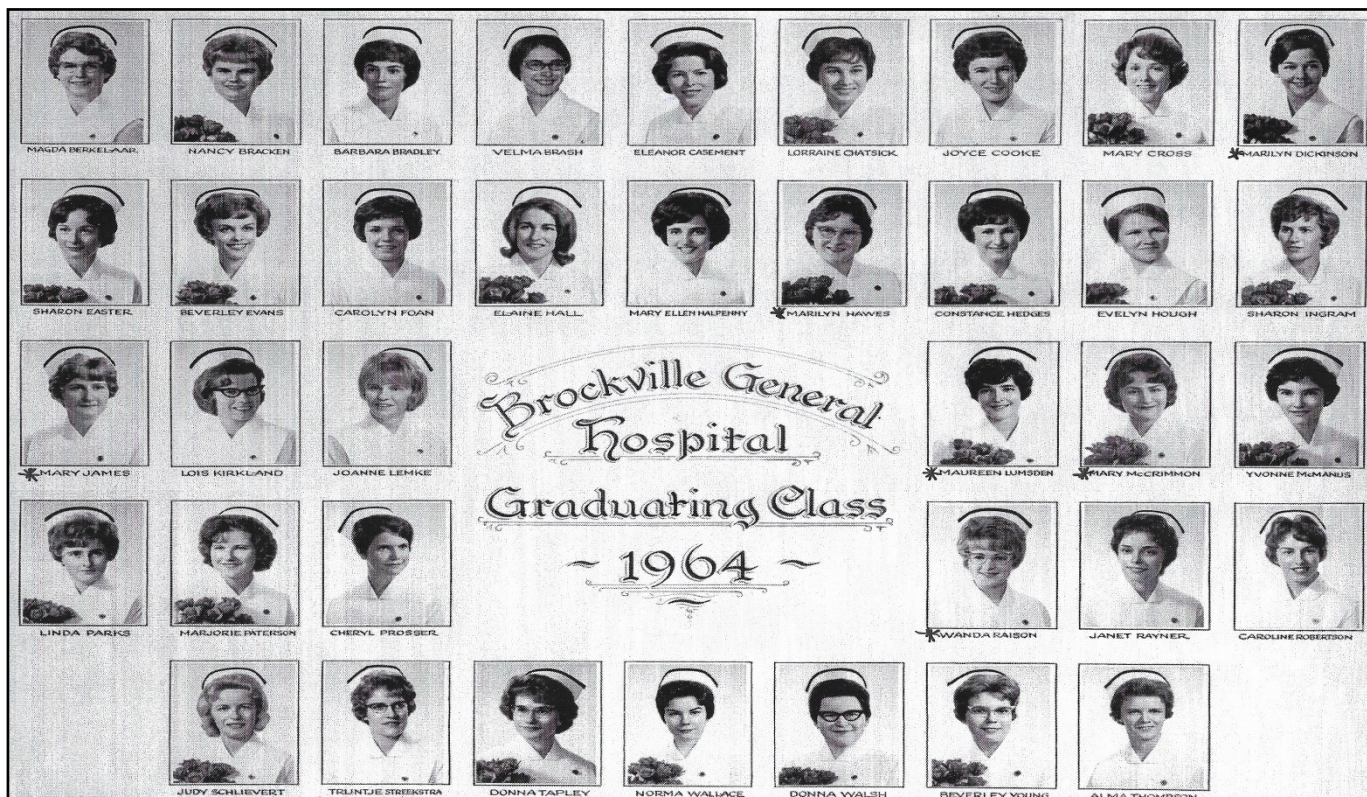


Back Row (L- R): Sheila Ramsey, Beth McQuigg* Wanda Willis*, Phyllis Thompson, Evelyn Davis*, Nancy Jackson, Susan Haslam, Marjorie Eckford*

Centre Row (L- R): Gail Hannah, Shirley Bowes, Rhea Malcolmson, Winnifred Marshall, Lenora Montgomery*, Janet Bresee, Marilyn Gilmour, Betty MacKay, Jean Thompson

Front Row (L-R): Della Shillington, Janet Empey*, I. Fairly [Assist. Director of Education], V.J. Preston* [Director of Nursing], Sherriell Fell, Donna Henry

*Deceased



Top Row (L-R): Magda Berkelaar, Nancy Bracken, Barbara Bradley, Velma Brash, Eleanor Casement, Lorraine Chatsick, Joyce Cooke, Mary Cross, Marilyn Dickinson*

Row 2 (L-R): Sharon Easter, Beverley Evans, Carolyn Foan, Elaine Hall, Mary Ellen Halpenny, Marilyn Hawes*, Constance Hedges, Evelyn Hough, Sharon Ingram

Row 3 (L-R): Mary James*, Lois Kirkland, Joanne Lemke, Maureen Lumsden*, Mary McCrimmon*, Yvonne McManus

Row 4 (L-R): Linda Parks, Marjorie Paterson, Cheryl Prosser, Wanda Raison*, Janet Rayner, Caroline Robertson

Bottom Row (L-R): Judy Schievert, Truntje Streekstra, Donna Tapley, Norma Wallace, Donna Walsh, Beverley Young, Alma Thompson

*Deceased

BLEST BE THE TIE THAT BINDS

The United Methodist Hymnal #557 Text: John Fawcett, 1740-1817

Music: Johann G Nageli, 1768-1836; arr. By Lowell Mason, 1792-1872

1) Blest be the tie that binds
our hearts in Christian love;
the fellowship of kindred minds
is like to that above.

2) Before our Father's throne
we pour our ardent prayers;
our fears, our hopes, our aims are one
our comforts and our cares.

3) We share each other's woes,
our mutual burdens bear;
and often for each flows
the sympathizing tear.

4) When we asunder part,
it gives us inward pain;
but we shall still be joined in heart,
and hope to meet again.

Class of 1960 memories

The first week of Sept 1957 saw 13 young women assembled in the living room of Comstock Residence, ready to start an exciting chapter of their lives. By the capping ceremony on Dec 17th, only 10 were left to carry on the 3 years of training.

The schedule was rigorous, working 8 hours on the wards followed by classes, including a Saturday morning class at Brockville Collegiate Institute. Instructors were Miss Vera Preston, Mrs. Margaret Ross, Miss Catherine Clow, Miss Grace Livings, Miss Gertrude Gibson, Dr John Page, Dr Wyatt and the BCI Chemistry teacher.

Many memories include the morning calls, morning prayers, the "on call" room on 3rd floor, Mrs. Rogers decorating the living room for the 1958 graduating class, and being the first class to move into the addition at Comstock.

On September 14, 1959, a passenger train was stopped at the station and a freight train crashed into the last coach, the dining car, of the Toronto bound train at the Park St. crossing. Critically injured passengers were brought to BGH. Class of '60 Janette Goff was on call in the OR. As BGH did not have an ER at the time, all injuries were brought to the OR. 14 people were injured and 4 died with a 5th person dying a month later. It was a learning experience that produced an emergency protocol being established and eventually an UpToDate emergency department being built into the new West Wing, which opened in 1961.

On June 6, 1960, our class graduated with some staying in the Brockville area and some heading to work in Montreal, Hamilton, Ottawa, Calgary and Los Angeles.

Submitted by: Carole (Brown) Tanney

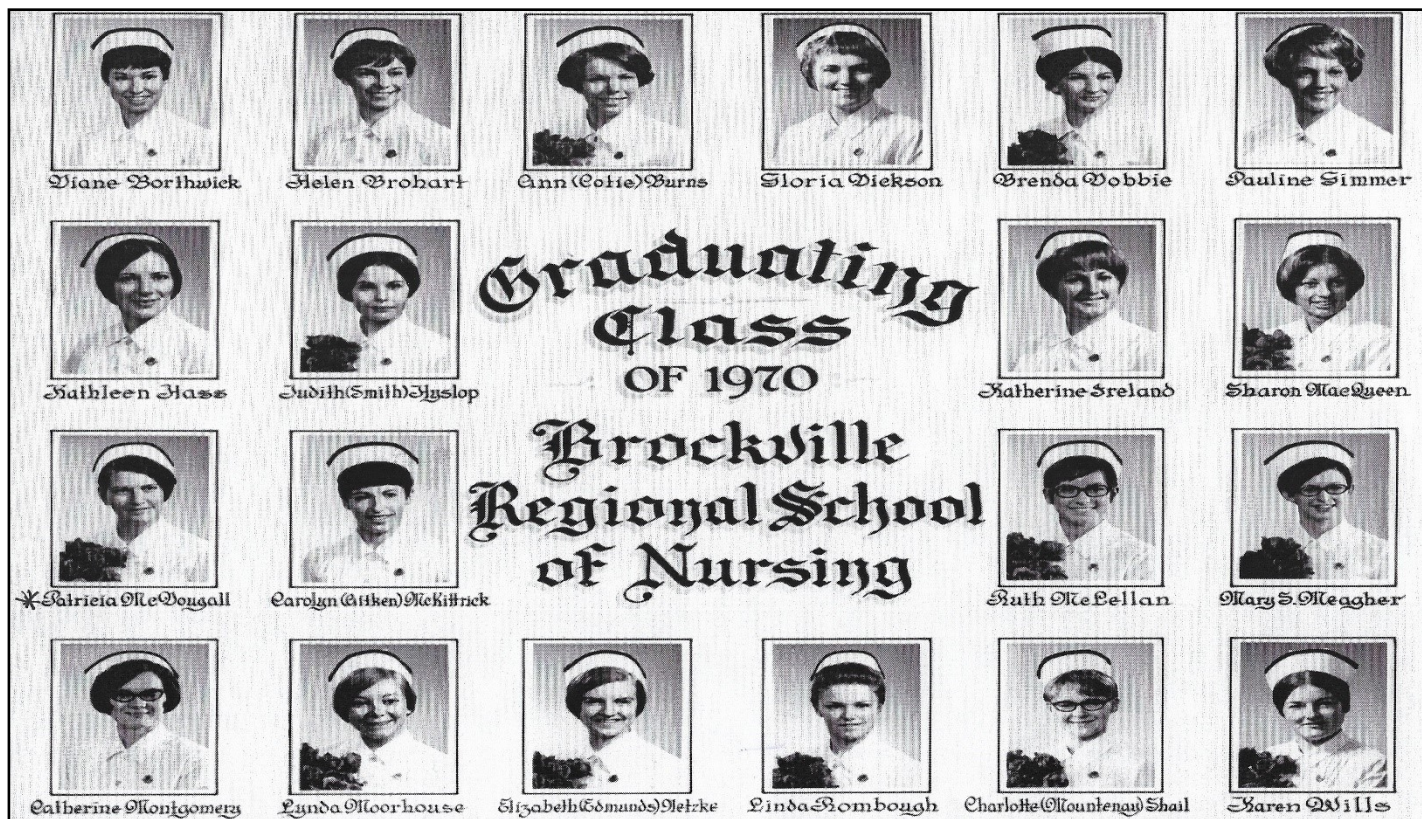
Class of 1962 Memories

Our class entered nursing at a time of program change and building expansion. With 34 in number, we were the largest class on record at that time. Schools of Nursing were undergoing program changes under the direction of the Canadian Nurses Association. Our program faculty numbers expanded and new courses introduced. That fall, Class Theory and Practice were all integrated from the beginning and the affiliations in Pediatrics and Psychiatry were continued. Miss Virginia Lindabury was Assistant Director of Nursing Education, a 1953 Toronto General Hospital graduate with a degree in Nursing, specializing in Nursing Education. She oversaw our Program and taught us through the 3 years and then went on to become Editor of the Canadian Nurses Journal. She was a big influence on our personal growth and our learning.

By December '59 the expansion was completed and we started the move from bunkbeds to our own rooms with sitting rooms on each floor. Our new classes and offices were now located in the new building. Despite our large number, our class bonded quickly. We enjoyed many social activities in our new surroundings, such as Christmas formal dances, attended by Doctors and Faculty, Halloween parties, sleigh rides, basketball at BCI, skating and swimming all followed by fun activities. Our faculty were very involved in these activities.

Joan (Taylor) Perkins was our gold medalist and Barbra (Bycroft) Ackerman was the Valedictorian. Our class continued to enjoy our "Sisterhood" through the years, despite distance. We have celebrated every five-year reunion and enjoyed luncheons in between. Our 60 year reunion was celebrated last June at the Cedar Valley Golf Club. We have shared many warm memories and suffered many sad losses, some far too young. Our class is very grateful to classmate Janice (Whitehorne) Bower who has kept us connected and informed through email and phone calls and will hopefully continue to do so for years to come.

Submitted by: Gloria (Barrie) Brown



Top Row (L-R): Diane Borthwick, Helen Brohart, Ann (Cotie) Burns, Gloria Dickson, Brenda Dobbie, Pauline Gimmer

Row 2 (L-R): Kathleen Haas, Judith (Smith) Hyslop, Kathrine Ireland Sharon MacQueen

Row 3 (L-R): Patricia McDougall*, Carolyn (Aitken) McKittrick, Ruth McLellan, Mary S. Meagher

Bottom Row (L-R): Catherine Montgomery, Lynda Moorhouse, Elizabeth (Edmunds) Netzke, Linda Rombough, Charlotte (Mountenay) Shail, Karen Wills

*Deceased

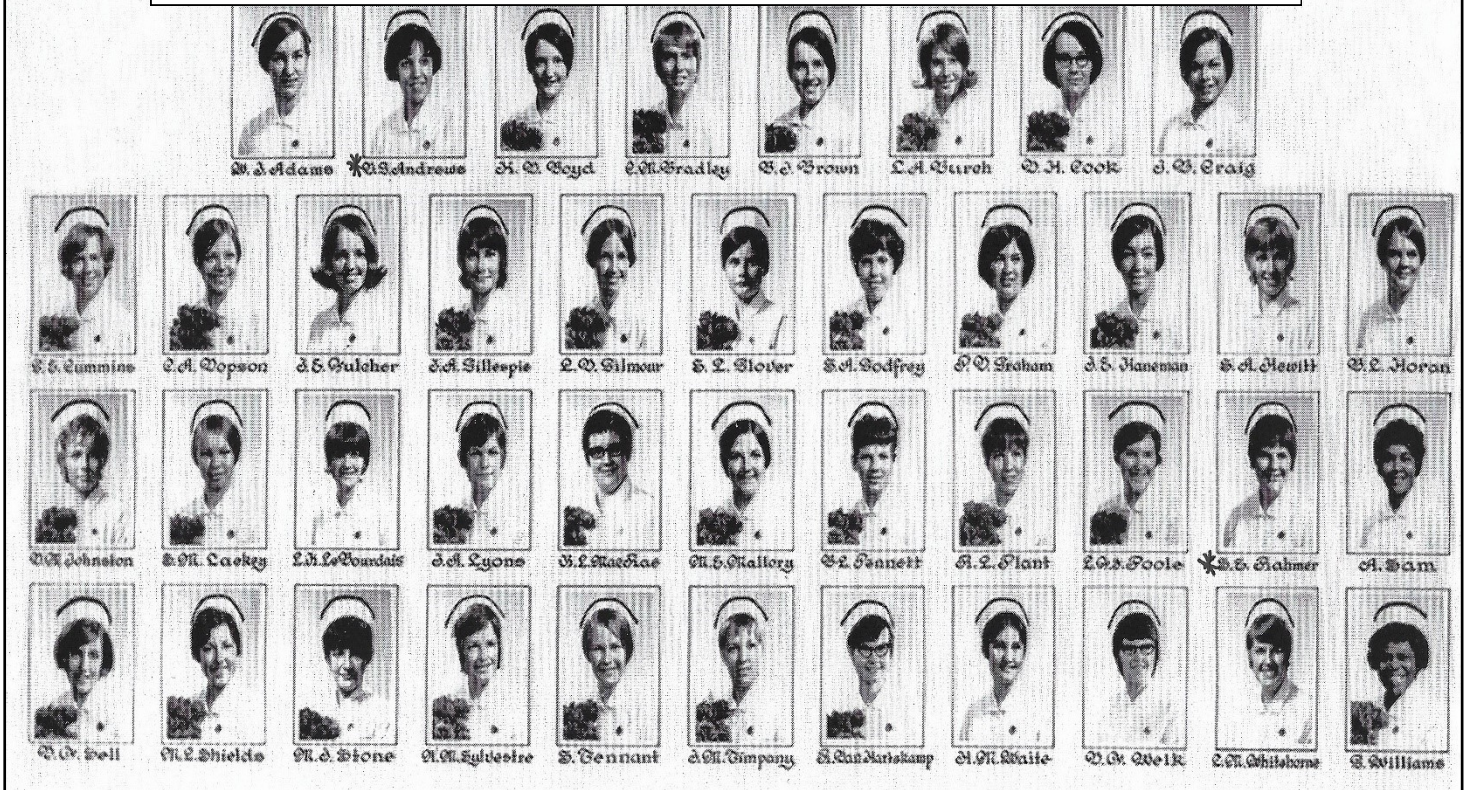
Class Reunion

It was my class reunion and all through the house
I checked in each mirror and begged my poor spouse
To say I looked great, that my chin wasn't double.
And he lied through his teeth just to stay out of trouble.
Said that 'neath my thick glasses my eyes hadn't changed.
And I had the same figure; just a mite rearranged.
He said my skin was still silky, though looser in drape,
Not so much like smooth satin; more like silk crepe.
I swallowed his words, hook, sinker, and line,
And entered the banquet feeling just fine.

Somehow how I'd expected my classmates to stay
As young as they were on that long ago day.
We'd hugged farewell hugs, but like me through the years,
They'd added gray to their hair or pounds to their rears.
But as we shared a few memories and told some class jokes,
We were 18 in spirit though we looked like our folks.
We turned up our hearing aid's volume, and dimmed down the light
Rolled back the years and were young for the night.

Submitted by Shirley (White) Jones (1957)

CLASS OF 1971—2 PLUS 1 PROGRAM



Top Row (L-R): W. Adams, D. Andrews*, K. Boyd, C. Bradley, B. Brown, L. Burch, D. Cook, J. Craig

Row 2 (L-R): G. Cummins, C. Dopson, J. Fulcher, J. Gillespie, L. Gilmour, S. Glover, S. Godfrey, P. Graham, J. Haneman, S. Hewitt, B. Horan

Row 3 (L-R): D. Johnston, S. Lackey, L. LeBourdais, J. Lyons, K. MacRae, M. Mallory, B. Pennett, R. Plant, L. Poole, S. Rahmer*, A. Sam

Bottom Row (L-R): D. Sell, L. Shields, M. Stone, N. Sylvester, S. Tennant, J. Timpany, R. VanHartskamp, M. Waite, D. Welk, L. Whitehorse, G. Williams

*Deceased

Class of 1971A Memories

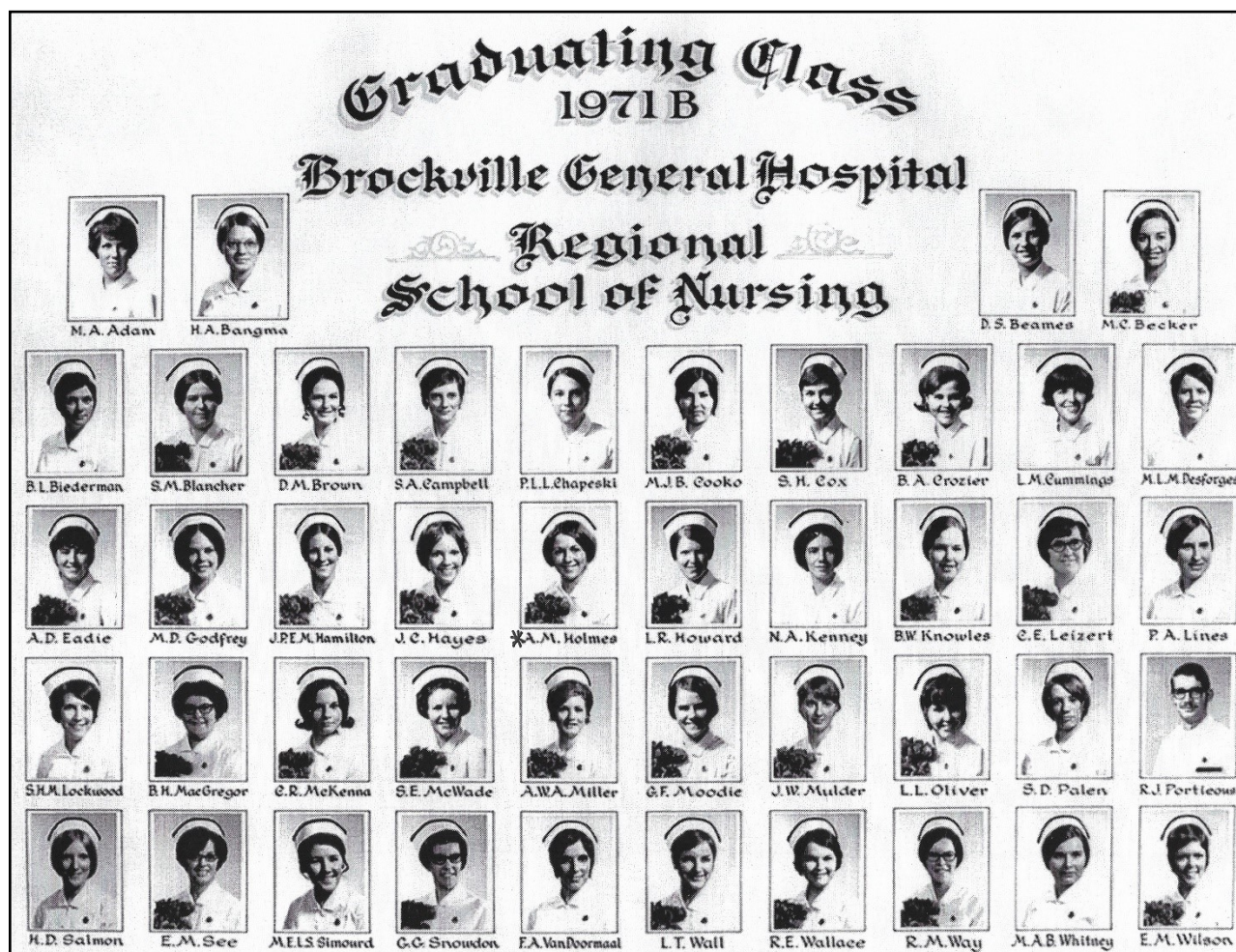
As the graduating class of 1971A, we thank you for the opportunity to introduce ourselves to you and offer our congratulations on your 100 years of service as the BGH Alumnae.. Also best wishes to all the Brockville General Hospital Alumnae and to all the classes celebrating milestones this year as well.

We were the third class to be part of the 2 plus 1 program, approved in Sept. 1966 by the Council of the College of Nurses. This new model meant that students spent time in class as well as at the patients' bedside to gain clinical experience throughout their training. In September 1968, with an enrollment of 60 students, we were the largest class in the history of the nursing school of BGH. In August of 1967 the Ont. Hospital Services Commission designated the BGH School of Nursing as the BGH *Regional* School of Nursing and we officially became the first class under this new name. With this designation, clinical experience now extended from the 3 Brockville hospitals to the 2 in Smiths Falls and Perth.

Although we had these kinds of 'firsts', there were many traditions that we honoured: the Director of Nursing measuring hem lines for the appropriate length, the black band day ceremony, the traditional 'half way' party finally arriving, and our big sisters from the class ahead telling us what was expected (e.g. "quiet!", "stop messing around, you should be studying," "stop the noise, we are trying to sleep") and always being there when help was needed. We would like to say "thank you" to all the terrific role models in both the nursing school and in the hospitals, many of whom will be participating in this year's reunion.

On August 7, 1971, 42 students graduated from the class of 1971 A .Since then, every 5 years in August we hold a 3 day reunion. In August 2021, Covid restrictions were lifted for outdoor events so we held a picnic to celebrate our 50th anniversary, with 23 attending. Much of our reminiscing included student life, residence experiences that kept us close as a class, the admired and appreciated older nurses who molded and guided us, especially in our senior year, to be professional and compassionate, and the teachers who instructed us to remember what we were taught and value lessons from others who have gone before. An oft-repeated phrase was to comment how fortunate we are to have shared all these years and how wonderful it has been to have husbands so willing to participate in every reunion, creating their own bond with each other as well as the class. At every reunion we give thanks and remember **BLESS BE THE TIE THAT BINDS.**

Submitted by: Ruth Plant



Top Row (L-R): M. Adam, H. Bangma, D Beames, M Becker

Row 2 (L-R): B. Biederman, S. Blancher, D. Brown, S. Campbell, P. Chapeski, M. Cooks, S. Cox, S. Crozier, L. Cummings, M. Desforges

Row 3 (L-R): A. Eadie, M. Godfrey, J. Hamilton, J. Hayes, A. M. Holmes*, L. Howard, N. Kenney, B. Knowles, C. Leizert, P. Lines

Row 4 (L-R): S. Lockwood, B. MacGregor, C. McKenna, S McWade, A. Miller, G. Moodie, J. Mulder*, L. Oliver, S. Palen, R. Portieous

Bottom Row (L-R): H. Salmon, E. See, M. Simourd, G. Snowden, F. VanDoormaal, L. Wall, R. Wallace, R. Way, M. Whitney, E. Wilson

*Deceased

Nightingale Pledge

I solemnly pledge myself before God and in the presence of the Assembly:

To pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous, and will not take or willingly administer any harmful drug.

I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my profession.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.





Top Row (L-R): Wilda Dauphinais, Mona Easton, Karen Brown, Marilyn Bradley, Carolyn Blair, Carol Pratt, Vicky McIntosh, Donna Raycroft, Betty Lu Loughlin, Wendy Dennis*, Debby Johnston, Margie McManeman, Linda Lawson, Juliette Cliche, Brenda Chaplin, Judy Jackson, Mary Walton, Sheryl Mallory

Row 2 (L-R): Joanne Thompson*, Cynthia Granda, Norma Wilson, Donna Bennett, Connie King*, Elaine Liedtke, Lynora Quartus, Ann Strelbisky, Peggy Landon*, Elizabeth Craig, Sandra Belton*, Sharon Lavesque, Brenda Foster, Linda Kettyle, Marion Titley, Arlene Murphy, Kathy Knapp, Susan Hayes, Gail Wilson, Joan Waite

Front Row (L-R): Bonnie Peacock, Valerie McCordick, Paula Zaveda, Eileen Rice*, Patricia Wilson, Sandra Towell*, Mrs. Elaine McClintock, Miss Judy Woodcock, Marcelle Comeau, Cheryl Martin, Karen North, Rachel Hansen*, Shirley Typhair, Judy Guest

Absent: Linda Logan, Linda Prosser, Janet Zyviski

*Deceased

Class of 1972 Memories

A group of us faithfully gather every 5 years, as well, some smaller groups meet in between times within their geographical areas. As the years go on, more and more turn out in greater numbers. In 2022, for our 50th celebration, we enjoyed a lunch in Smiths Falls with a great turnout. Simultaneously, three Alberta classmates met at a restaurant to reminisce.

Residence life cemented so many friendships. When reconnecting at reunions, the chatter, laughter and hugs are spontaneous, and we carry on as if never have been apart for a few years! Faithful attendees come from as far away as Nova Scotia and Alberta. These friendships are more enduring and meaningful than many others during our lifetimes. Mind you, most nurses have an inborn sense of caring, and it's so evident with BGH grads.

We look forward to celebrating in June and, of course, reconnecting with so many more BGH graduates!

Submitted by: Susan (Hayes) Oxford '72

✂

As a nurse we have the opportunity to heal the mind, soul. Heart and body of our patients.

They may forget you name but they will never forget how you made them feel.

-Maya Angelou



Top Row (L-R): Valerie Buck, Joan Bronson, Margaret Grimsgaard, Elizabeth MacLean, Margaret Mooyman, Wilhelmina Stapper, Marion South, Donna Eckford, Susan Gilmour, Susan Worsfold, Linda Morrison, Judith Oberman, Anne Sylvester*

Row 2 (L-R): Patricia Wilson, Nancy Bingley, Margaret Beattie*, Marianna Sztuka, Shirley Farrell, Mary Smith, Nancy Kelly, Katherine Seymour, Dorothy Davis, Linda Warwick, Brenda Scott, Marie Chapman

Row 3 (L-R): Barbie Wong, Carolyn McCallum, Nancy Long, Clarina Eimers, Theresa Burns, Joan Bryan, Suzanne Kenney, Debora Eady, Diane Weatherdon*, Carrol Hartin, Barbara Wood, Carol James*, Cheryl Bowler, Brenda Harrison, Janet Gemmill, Janet Lavis

Front Row (L-R): Marjorie Walker, Sheila Dumond*, Pamela Gratto, Linda Huckabone, Mrs. Elaine McClintock [Director], Miss Judy Woodcock [Assist. Director], Beverly Wilson, Christine Edwards, Norine Morrison, Linda Wilson, Iris Morpaw

*Deceased

Class of 1973 Memories

Hopeful applicants to the Brockville General Regional School of Nursing had to write a letter to say why they wanted to be a Nurse and send a picture. If selected, an interview was arranged and if successful, the letter of acceptance was received. With that letter came a list of requirements to bring with them - including a duster or housecoat, soft heeled bedroom slippers, a white long sleeved cardigan, as well as a pair of flat soled shoes (with shoe polish of course) for field trips. These outings included tours of the Rideau Regional Hospital in Smiths Falls and the Belleville School for the Deaf.

We will never forget initiation- a week long ritual to prove to yourself *and others* that you had the stamina it takes to be a nurse! We sold individual elbow macaroni pieces and toilet paper squares on a downtown Brockville street corner dressed as a baby! Our instructions were to bring our high school gym suit from home AND a soother, and of course the outfit was complete with a bonnet made by our big sisters!

As always during the fun activities, we would belt out our class anthem "Jeremiah was a Bullfrog" and many of us de-stressed after exams at The Queen's Grant, sharing a punch bowl of Harvey Wallbangers!

But our house mothers ran a tight ship and kept us in line, including to ensure that no gentlemen callers went beyond that front desk!

We travelled to the 5 regional hospitals for clinical practice- and still remember those early mornings on the bus to get to the Smiths Falls and Perth hospitals on time. Reminiscing always brings up the memories of our "lab" classes in the downstairs classroom - who can ever forget practising blood pressures on each other until our arms were blue and those saline injections (on those who were brave enough to offer their arms)?

The class of '73 meet regularly at reunion time and often gather for lunches or meet up at other times whenever the occasion arises such as when a classmate visits from out of town or other special occasions.

We are looking forward to our 50th year reunion in June! Still young at heart!

Submitted by: Joan (Bryan) Sands, Shirley Farrell, Janet (Gemmill) Throop



Top Row (L-R): Margot Braham, Eileen Goodwin, Bobbie Camm, Colleen Blackwell, Elizabeth Burchell, Nancy Langabeer, Ann McKay, Frances Locke, Robert VanSanten, Janet Knox, Margaret Breimer, Janice Morgan, Mary Lubitz, Shirley Hunter, Holly Kittle, Shirley Shenton*

Row 2 (L-R): Betty Woods, Diane Chant, Barbara Andrews, Sharon Cook, Barbara Craig, Claudia Beach, Jane Brady, Anne Bridgman, Deborah Countryman, Janice Garrah*, Ellen Riis*, Daphne Harrison, Jane Garrah*, Elaine Sroka, Beryl Purdy, Gail Myers, Janet Weima*

Row 3 (L-R): Dorothy Grosskleg, Christine Jones, Ellen Whillans, Debra Johnson, Jane Paul, Elaine Patterson, Mary Brant, Ward Pointen, Helena Barnhoorn, Marsha Gifford, Elizabeth VanMeer, Catherine Requa, Helen Kasprzak, Kathy Halladay, Donna Jamieson, Debra Parliament

Front Row (L-R): Gerrit VanKooten, Deborah Gill, Linda Hummel, Lyn Huguenin, Carlotta Proudfoot, Mrs. Elaine McClintock [Director], Miss Judy Woodcock [Assist. Director], Nancy Row, Joanne McGrattan, Joan Gillespie, Mary Pat Meacher, Gary Yeo*

*Deceased

Class of 1974 Memories

The class of 1974 has the bittersweet honour AND privilege to be the LAST -and largest -class of the Brockville General Hospital Regional School of Nursing, with 58 graduates, including 4 male grads. Our class was given the choice - to be the last class of the BGHRSN or the first of the St. Lawrence College Nursing Program. Hands down, we all agreed that we wanted to represent the BGHRSN as the final class of a much loved and highly respected institution. To this day, 49 years later, we are grateful and proud for that distinction.

Moving into residence in September 1972 was a hectic and anxious time, being welcomed by our big sisters and meeting new classmates—not realizing at the time that so many would become lifelong friends. Initiation week was a whirlwind – it was a week of poor sleep and a test of endurance for sure!

Soon after we were busy with our studies- “lab” lessons when we were paired up for bed baths, injections and other hands-on learning practices, ward assignments in 5 hospitals, long hours studying , all with the help and support from many wonderful instructors.

Even though some of our classmates lived outside of Comstock Residence, in homes and apartments of their own, there was a real camaraderie in our large class, not just in classes and on wards, but socializing as well—parties in the downstairs classroom, the “half way party”, “black band day” , the Christmas formal, and dancing to the ‘70’s hits at the Manitonna Hotel- all such memorable times. Reunions are always a popular event, with lots of laughter, sharing stories & memories, family updates and always remembering our dear friends who left us too soon.

As the final class of BGHRSN, we are most grateful to have left with a wonderful education, sending us all off on our way, with the hard-earned skills and self-assurance to continue our professional paths with confidence and the gift of lifetime friendships.

Submitted by: Dorothy (Grosskleg), Diane (Chant) Shire, Donna Jamieson, Joanne (McGratton) Byers, Gary Van Kooten, Colleen (Blackwell) McMahon



In Memoriam



2020:

Doreen (Gibson) Sheridan 1953
Kathleen (Buist) Anderson 1955
Edith Ann (Cuming) Weston 1958
Hilda (Jays) Levi 1950
Helen (Campbell) Duncan 1949
Shirley (Ball) Webb 1956
Donna McMurtry 1969
Glenna (Kerr) Morris 1946
Janet (Empey) Code 1963
Eunice (Fritz) Dobbie 1957
Amy (Slack) Murphy 1942
Patricia (Larocque) Young 1966

2021:

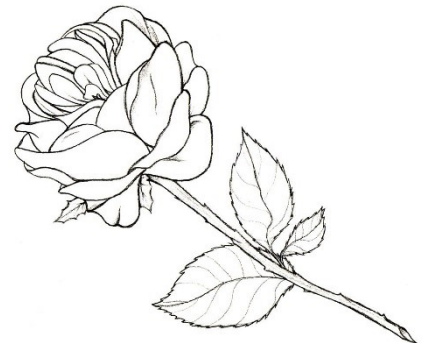
Constance F. (Allen) Hayes 1965
Jean (Durant) Mylks 1956
M. Helen Grey 1957
Eleanor (Parker) Gunthorpe 1948
Leona (Fulford) Schreiber-Mason 1951
Marilyn Stone (Assoc.Member)
Catherine (Slack) Clow 1957
Pauline (Cheetham) Smith 1951
Eleanor (Knapp) Heffernan 1952
Nora Freeman 1941
Evelyn (Davis) MacLean 1963
Jeanetta (Martin) Warren 1950
Eleanor (Omstead) Wilson 1952
Margaret (Peggy) (Rienburg) Higgins 1955
Eleanor (Kelly) Fraser 1953
Joanne Thompson 1972
Mary (James) Wilson 1964
Alison (Wardrop) Ruston 1958
Phyllis (Robertson) Isbell 1955
Beth (Elizabeth) (McEachern) Morgan (Assoc. Member)

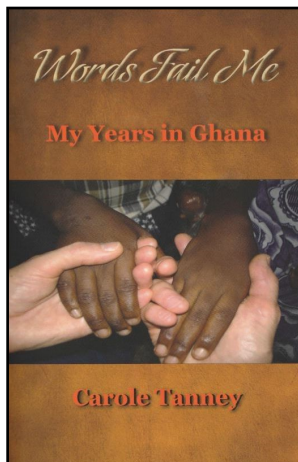
2022:

Joan (Hawley) Hughes 1957
Adrienne (Rogers) Eagle 1958
Marguerite (Durant) Taylor 1956
Wilma (Willows) Shackleton 1940
Lois (Robertson) Healey 1951
Alice (Lynn) Crowder 1948
Bernice (Bunny) (Drummond) Wiseman 1949
Virginia (Ginny) (McDonald) Jones 1962
Ruth (Thompson) Peebles, Brown 1948
Diane Wetherdon- -Sader 1973
Joan (Hinton) Murray, Behr 1954
Helen (Pereira) Sargent 1955
Joan (Bickerton) Bennett 1965
Evelyn (Joynt) Street 1955
Maxine (Barr) Hanton 1956

Added when Alumnae became aware:

Margaret (Margie) Fawcett 1949
Joyce (Smith) Templin 1951
Winnifred (Myers) Schacter 1951
Betty (Taylor) Hall 1948
Eileen (Rice) Stamp 1972
Patricia (Linton) Hare 1959
Doris Cledgett 1961
Dawn (Stringer) Brownell 1961
Eileen (James) Striha 1955





“Words Fail Me”

by Carole Tanney (class of 1960)

This is the amazing record of Carole’s experiences in Africa as team leader and Christian mission nurse with Project Reach Out Ghana. Carole has travelled to Ghana more than 20 times, dealing with culture shock, unbelievable heat, mosquitoes, travel misadventures and cranky customs officers to provide much needed medical care in village day clinics.

Setting up their tables under a convenient shade tree in the village, teams of doctors and nurses gave free medications, treatments and advice to hundreds of local people who registered each day. Many of the patients were women and their babies, often malnourished and in need of emer-

gency rehydration. In return, the Ghanaians offered thanks, hospitality, community and on one occasion, a marriage proposal!

Through her own stories and those of her team members, Carole’s book gives us fascinating insights into Ghana’s people, their hardships and way of life. It also celebrates the increasing cross-cultural community between Canada and Ghana over the past 25 years, enabled by the Project Reach Out team.

What shines the brightest from the book is Carole’s selflessness, faith and dedication to her calling that should be an inspiration to us all. It is a privilege to read.

-Rhea (Malcomnson) Graham (class of 1963)

**Note: Carole’s book will be available for purchase at the coffee party on Saturday June 3 2023*

A Nurse’s Prayer

**Give me strength and wisdom,
when others need my touch;
A soothing word to speak to them,
their hearts yearn for so much.
Give me joy and laughter,
to lift a weary soul;
pour in my compassion,
To make the broken whole.
Give me gentle healing hands,
for those left in my care,
A blessing to those who need me,
This is a nurse’s prayer.**



BGH in 1935 above, 2022 below. We’ve come a long way!



Let's Celebrate the 100th anniversary of the BGH Alumnae!

Hope that you will come join us on this very special occasion!

Saturday June 3 2023:

Coffee Party:

Brockville Country Club

10:00-12:00

Cost: \$10.00

Dinner:

Brockville Country Club

5:00: Social Hour

5:45: Head Table Procession

6:00: Dinner

Cost: \$65.00

9:00: Dance the night away
with Eddy & the Stingrays

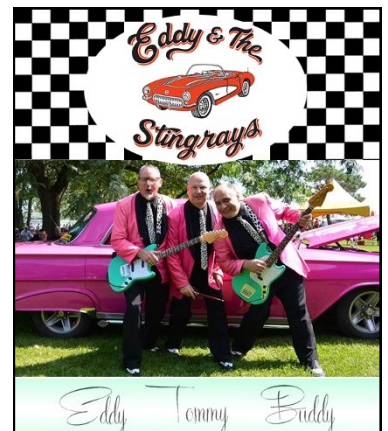
SUNDAY June 4 2023:

10:30 am: *Church Service*

St. Lawrence Anglican Church , 80 Pine Street Brockville Ont.

Coffee/ Tea and Muffin to Follow

*"Moments are for an instant,
memories are for a lifetime."*



REMITTANCE FORM

Please complete and forward to Membership Coordinator

Diane Besley – 3083 County Rd. 29 RR#4 Brockville Ont. K6V 5T4

Name:----- Maiden Name-----

Address:----- Graduation Year-----

----- Telephone: -----

Email:-----

ANNUAL MEMBERSHIP (\$10.00) Prepaid(-----) \$-----

Reunion Dinner: \$65.00 / person MEMBER \$-----

Chicken Supreme with summer truffle GUEST \$-----

sauce. Potato, Vegetable, Salad, Roll Coffee Party: \$10.00 \$-----
and Butter

Dessert, Coffee, Tea

TOTAL REMITTANCE ATTACHED \$-----

CHURCH SERVICE: Will Attend : Yes ____ No ____

PLEASE NOTE: NO DINNER TICKETS AVAILABLE AFTER MAY 3,2023.

Check or Money Order made payable to BGH NURSES ALUMNAE

PLEASE ENCLOSE A SELF ADDRESSED STAMPED ENVELOPE

Thank You and hope you can join us for the special 100th Anniversary of the Alumnae and Reunion

Coffee Party: Saturday, June 3, 2023 10:00 a.m. - 12:00 p.m. Brockville Country Club

Dinner: Saturday, June 3, 2023, Social Hour: 5:00 p.m., Head Table: 5:45 p.m., Dinner: 6:00 p.m., followed by

Entertainment: 9:00 p.m. EDDY AND THE STINGRAYS

Brockville Country Club Wheelchair accessible, and a lift to washrooms

SPECIAL DIETARY NEEDS: contact BCC 613-342-2468, Ext: 4

OR Email events@brockvillecountryclub.com

Church service: Sunday June 4/23 at 10:30 a.m. at St. Lawrence Anglican Church

80 Pine Street Brockville Ont.

Coffee/ Tea and Muffin to Follow